Sacred space is "an absolute necessity for anybody today."

Joseph Campbell



In the 1988 PBS documentary "Joseph Campbell and the Power of Myth."

the famous mythologist shares how most religions ask believers to make sacred time and space.

It sounds like he's giving advice to a 2020s workaholic with social media and three side gigs.

So if that's you sometimes, read on.

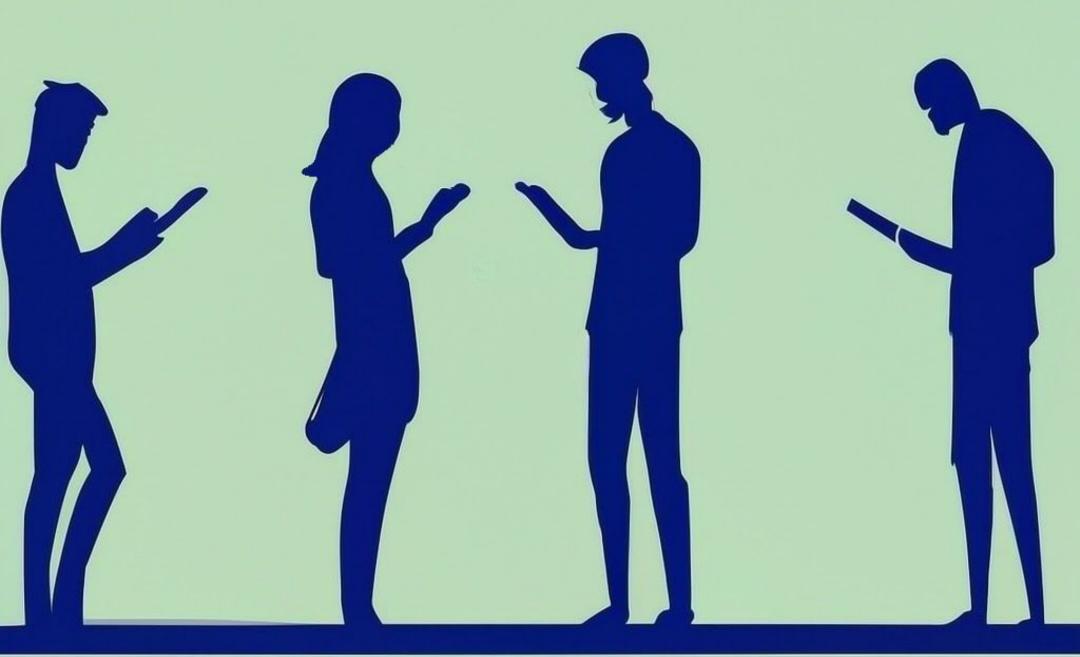
"Most of our action is economically or socially determined."

Joseph Campbell

"The claims of the environment upon you are so great that ... you're always doing something that is required of you."

Joseph Campbell

"You hardly know ... What is it you intended?"





Joseph Campbell

"You must have a room, or a certain hour or a day ... where you do not know what was in the newspapers that morning." - Joseph Campbell

"Where you don't know what you owe to anybody, you don't know what anybody owes to you."



A place where you can simply experience and bring forth what you are, and what you might be.

This is the place of creative incubation.

— Joseph Campbell

In other words...

The world isn't slowing down. It's not going to tell you there's nothing to do. We're surrounded by to-do lists, calendar reminders, and notifications.

There's always another video to watch, headline to read, task to accomplish.

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We need sacred time.

A sabbath day, a dedicated hour, or an intentional break.

We need sacred space.

A temple, a synagogue, a church, a mosque, a closet, a trail, a starlit field.

A time and place to be still.

Can you take 2 minutes to schedule

it now?

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Read more at idealink.substack.com

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